

Placing Solar Activity and Rotation in the Context of Other Sun-like Stars

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WholeSun Synergy Grant



Open Cluster



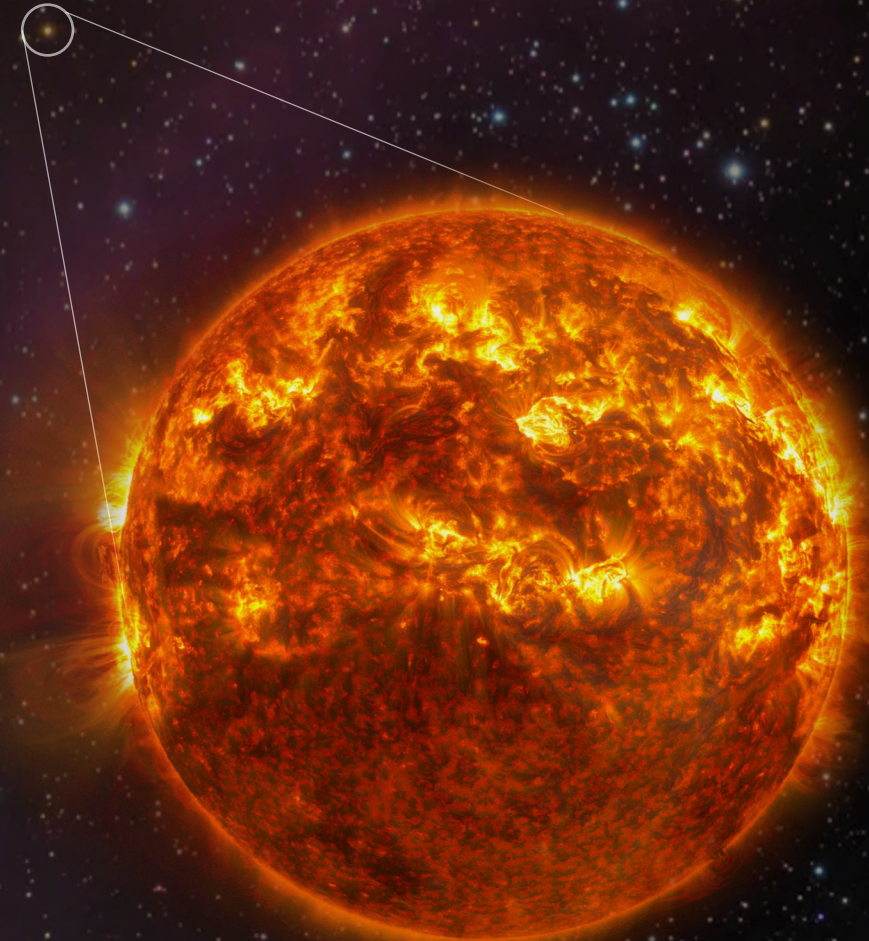
Outline

How and why does magnetic activity vary across low-mass stars?

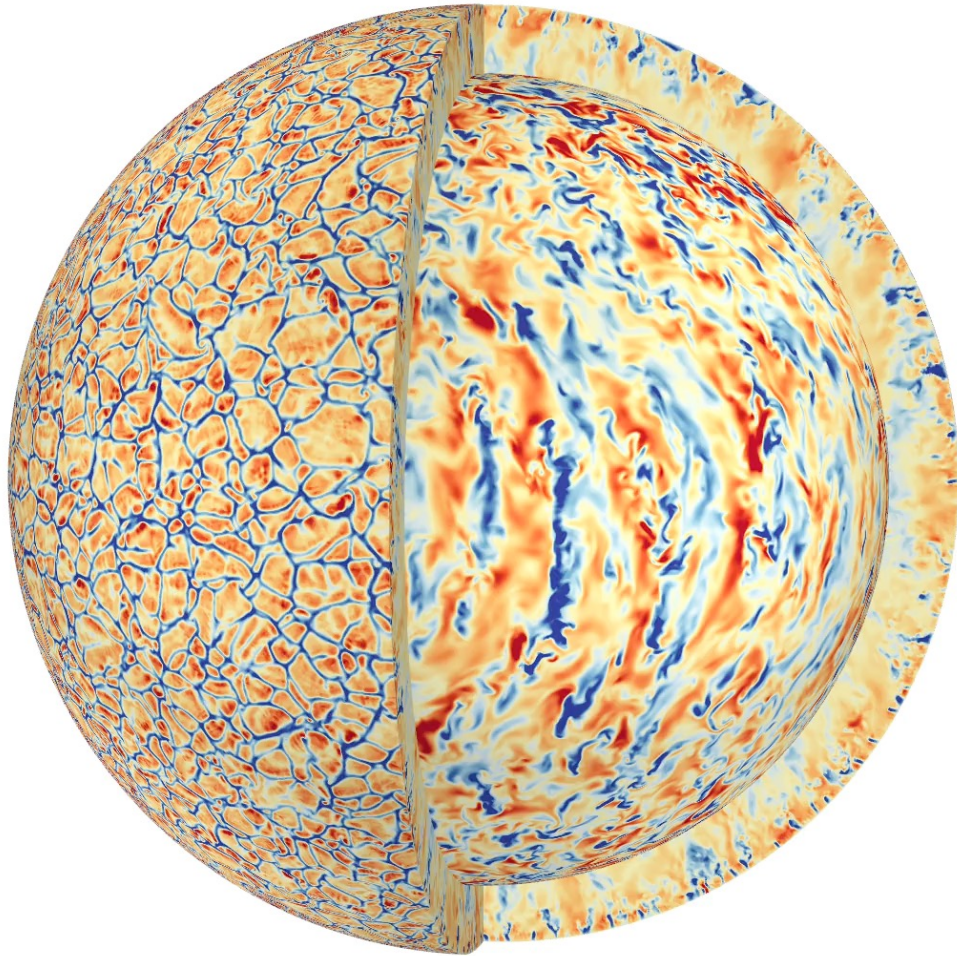
Gyrochronology – the link between stellar rotation and activity.

Stellar spin-down – angular momentum-loss due to magnetised stellar winds.

Solar activity and spin-down as measured by modern heliophysics missions.

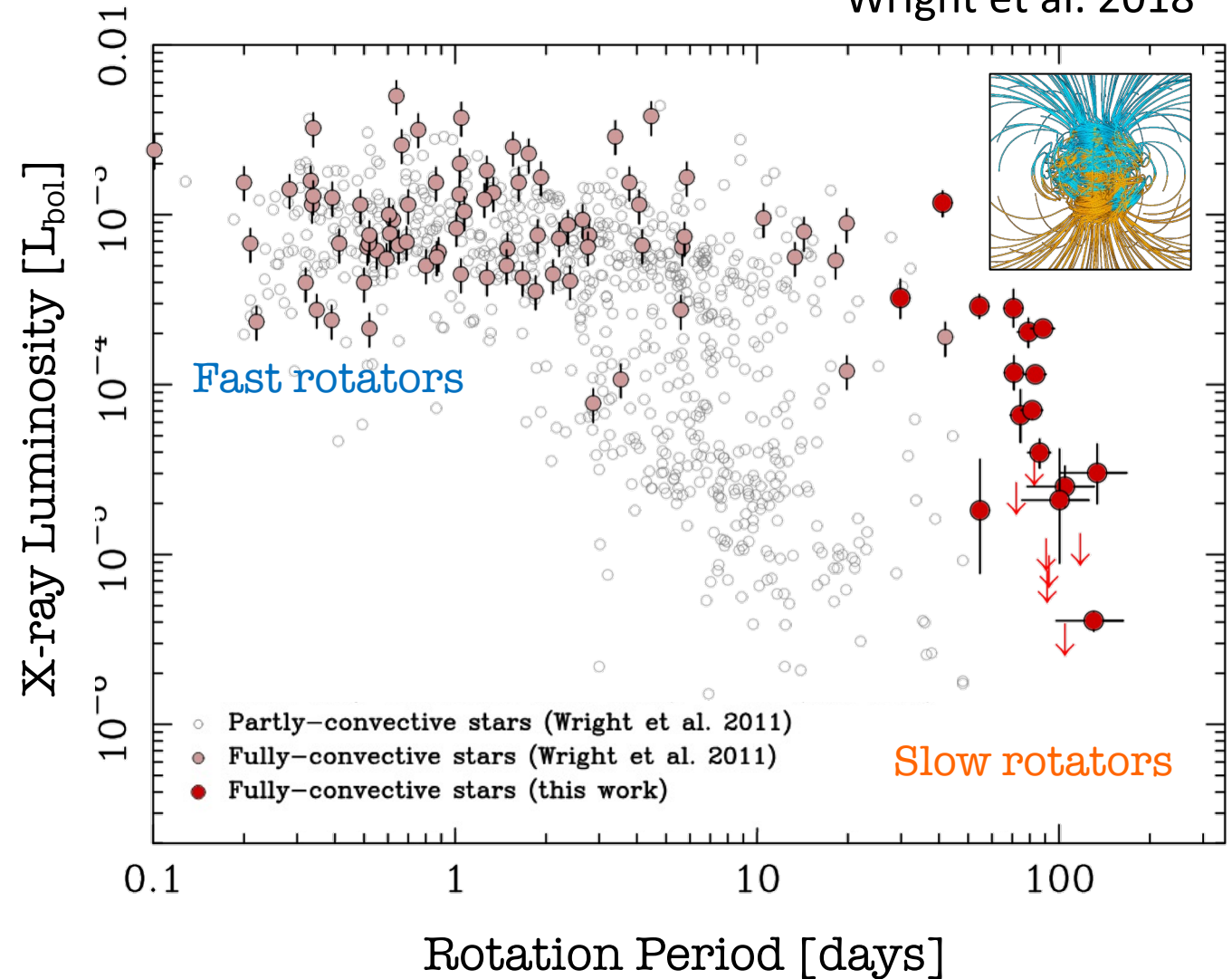


Activity-Rotation Relation

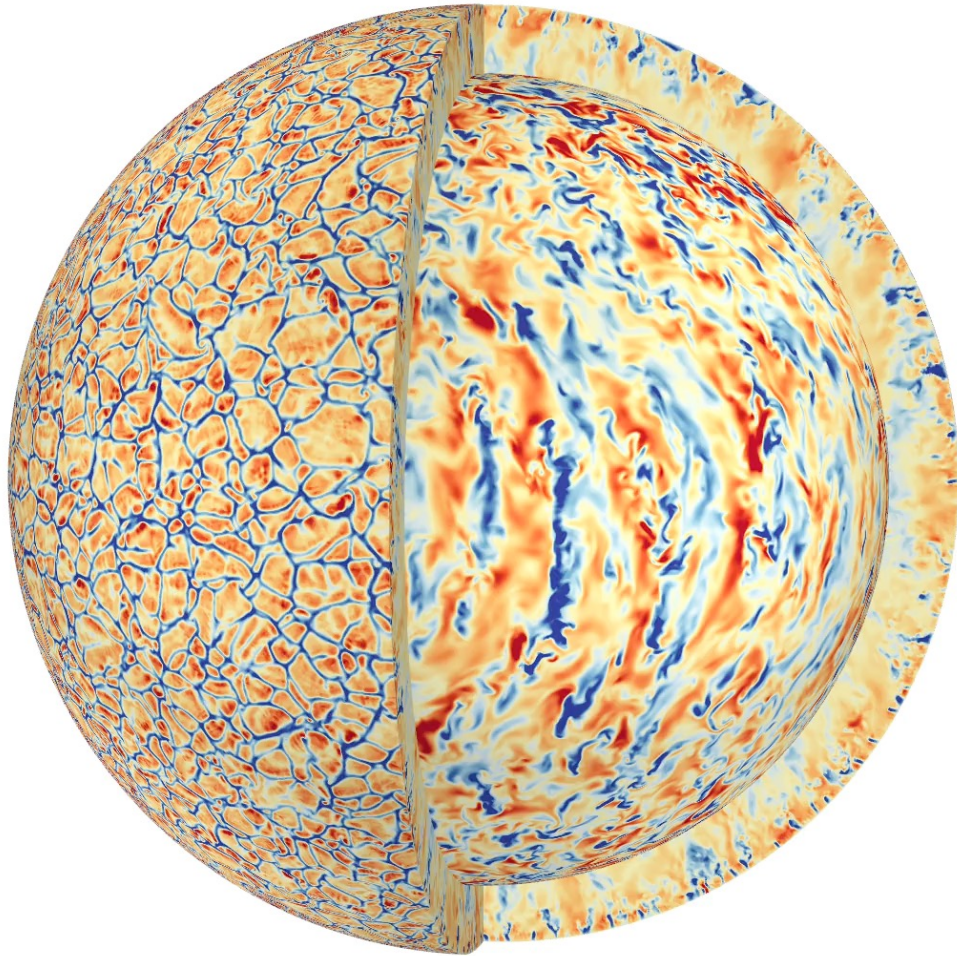


Noraz et al. 2025 (ASH Simulation)

Wright et al. 2018

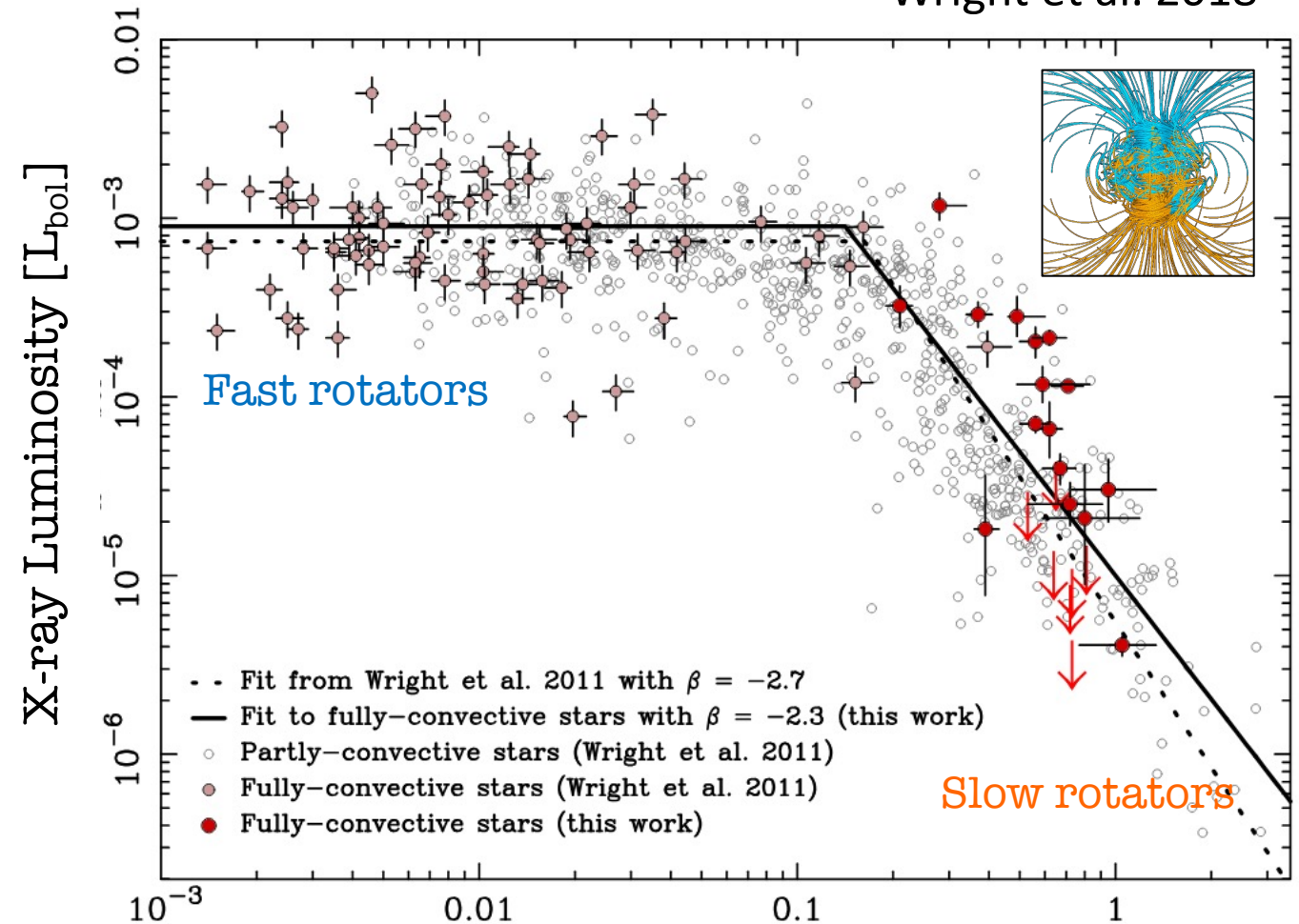


Activity-Rotation Relation



Noraz et al. 2025 (ASH Simulation)

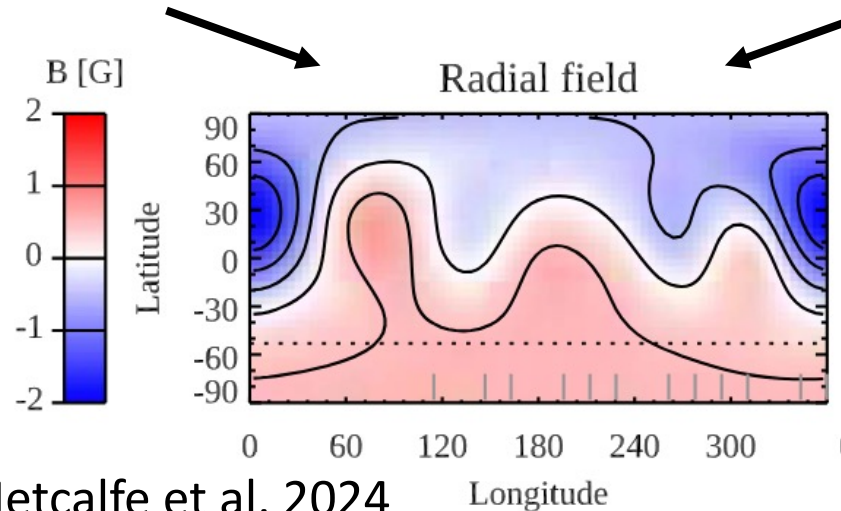
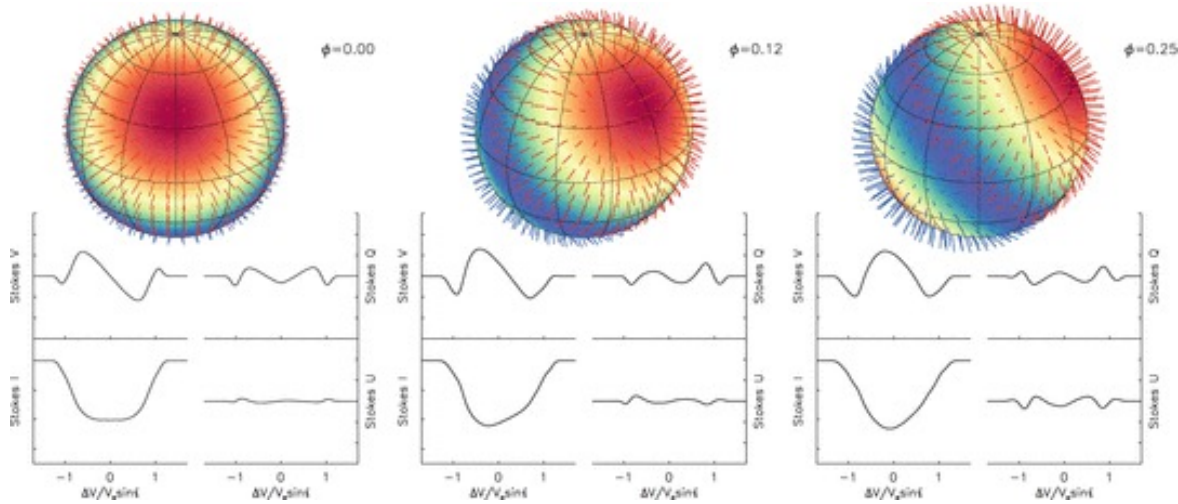
Wright et al. 2018



$$\text{Rossby Number} = \frac{\text{Rotation Period}}{\text{Convective Turnover Timescale}}$$

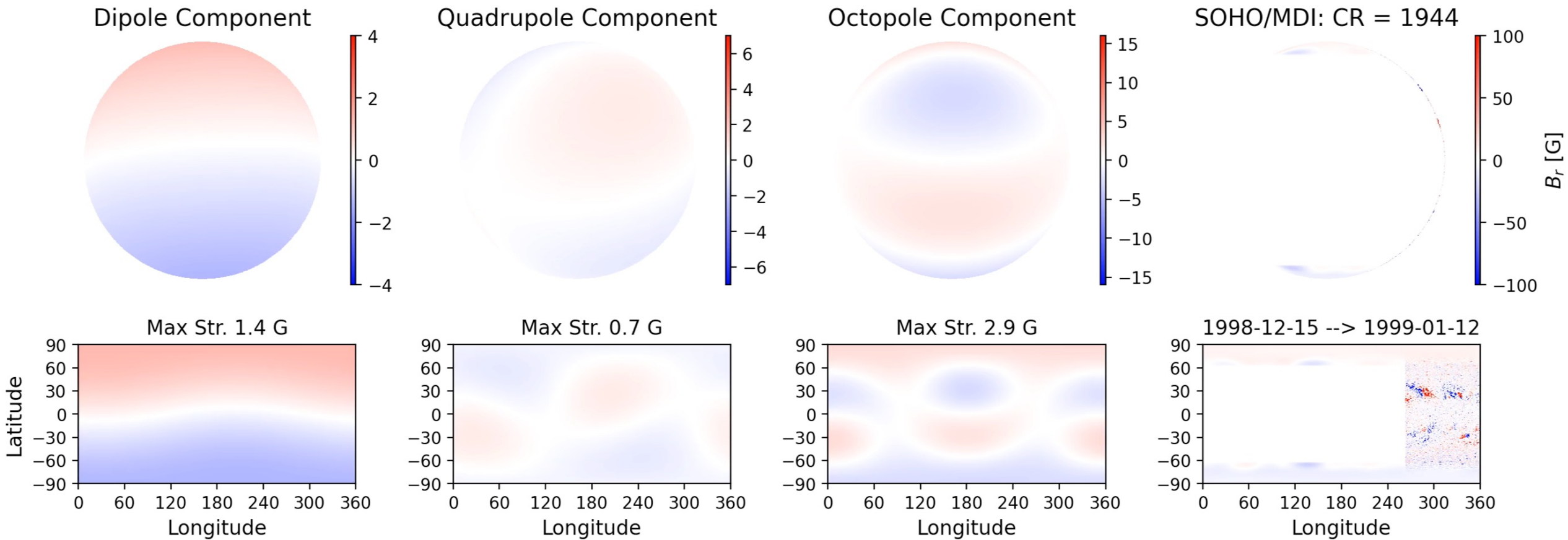
Zeeman-Doppler Imaging

Kochukhov 2016

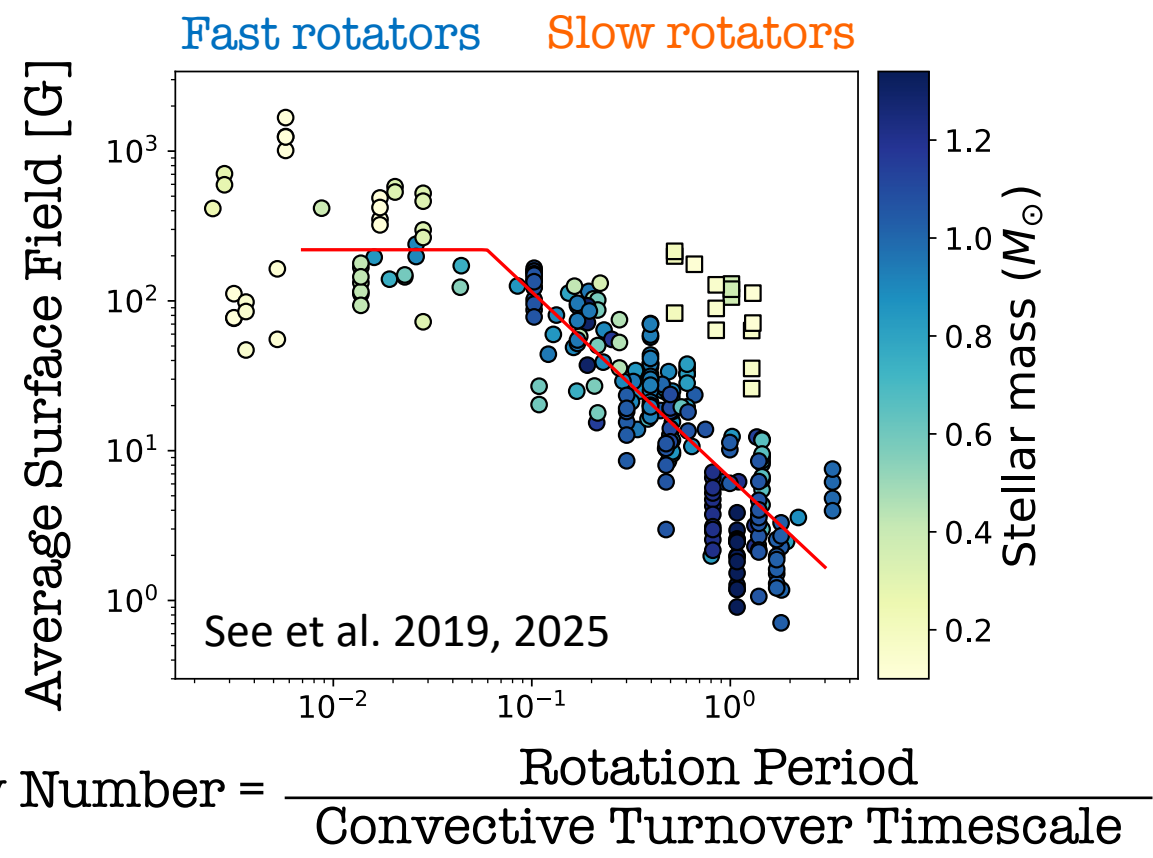
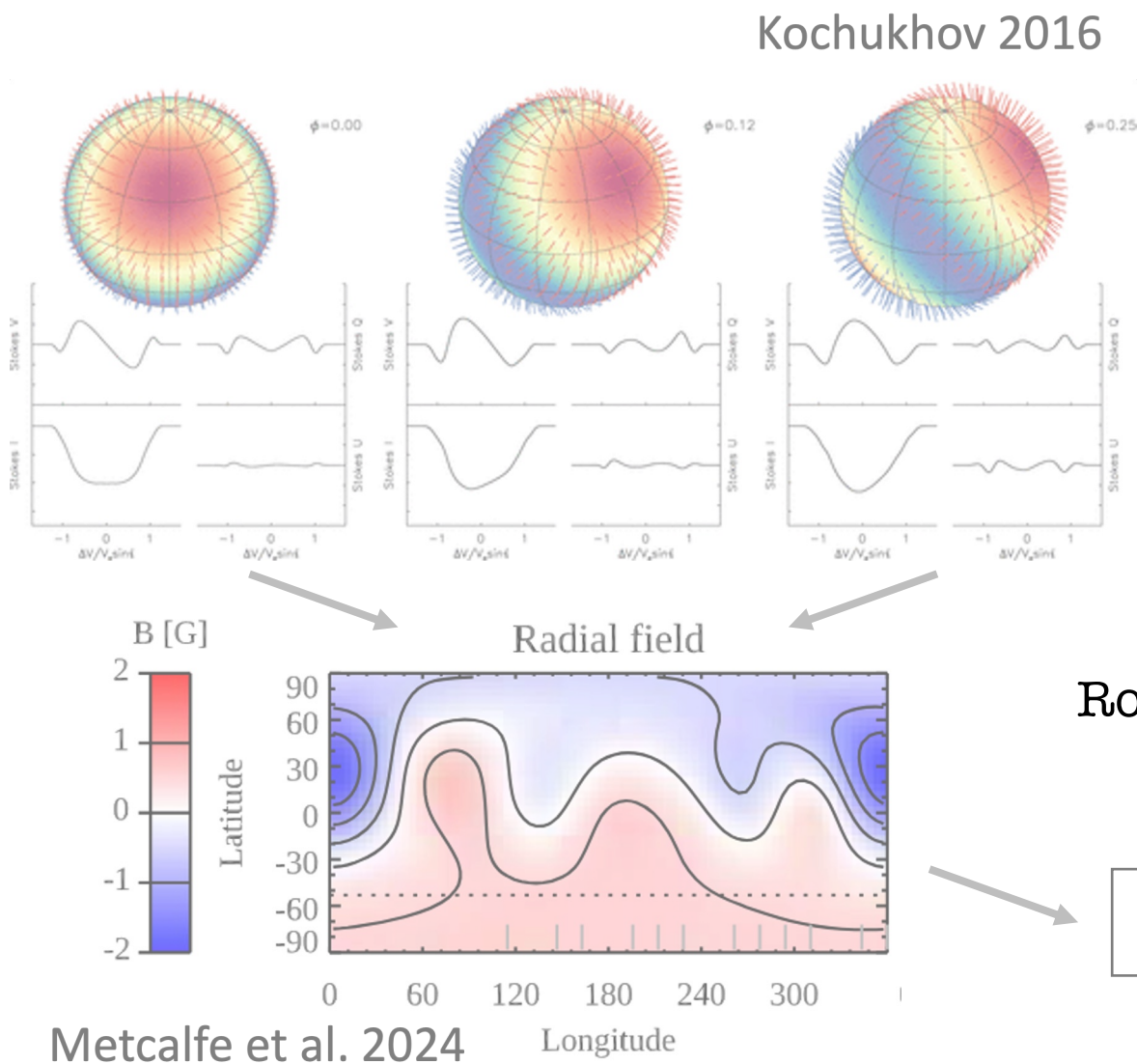


Dipole, Quadrupole, Octupole,

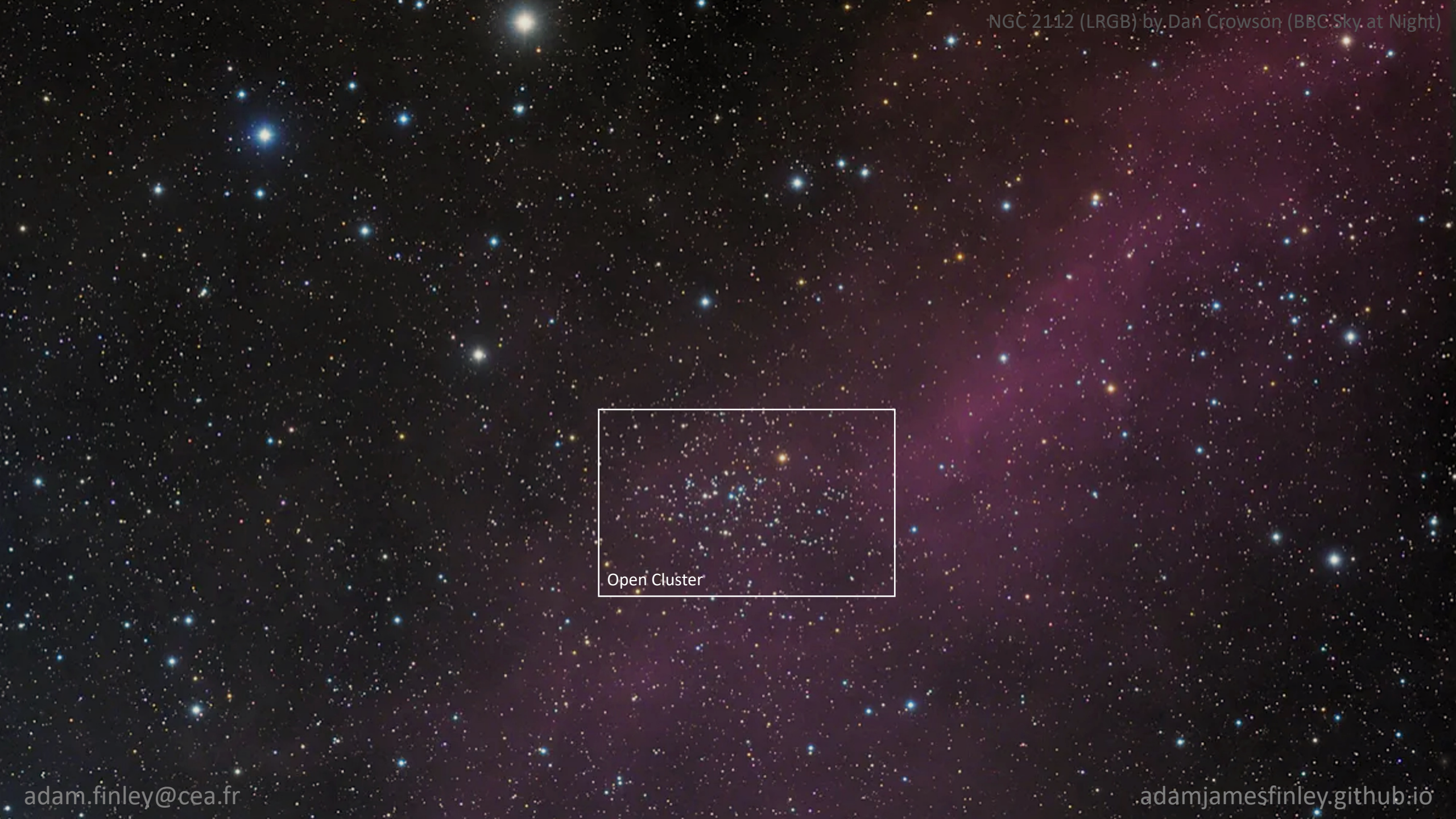
Metcalfe et al. 2024



Zeeman-Doppler Imaging



Dipole, Quadrupole, Octupole,



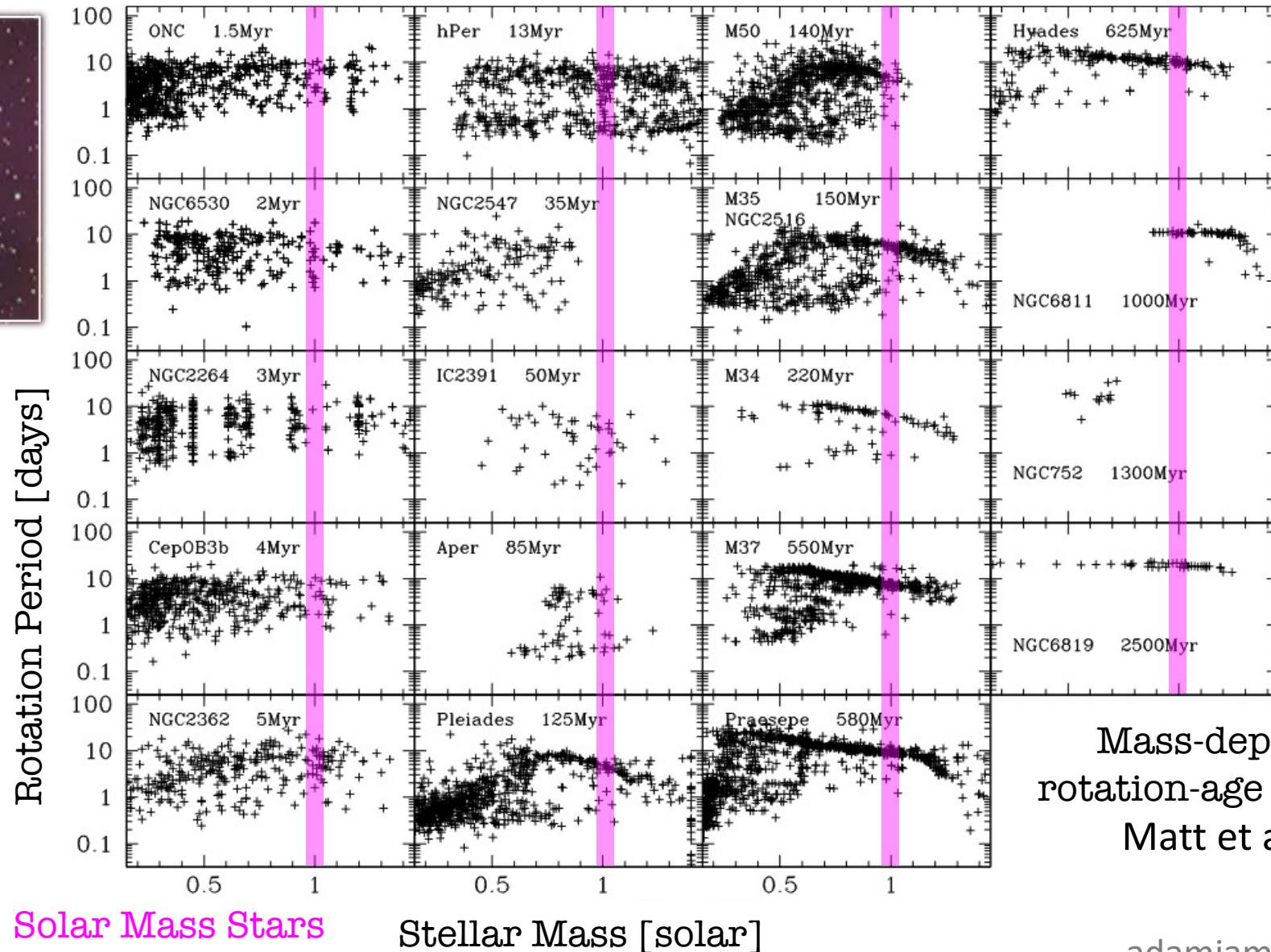
Open Cluster

Stellar Rotation Evolution

Louis Amard, Private Comm



Initial Distribution
(formation?)

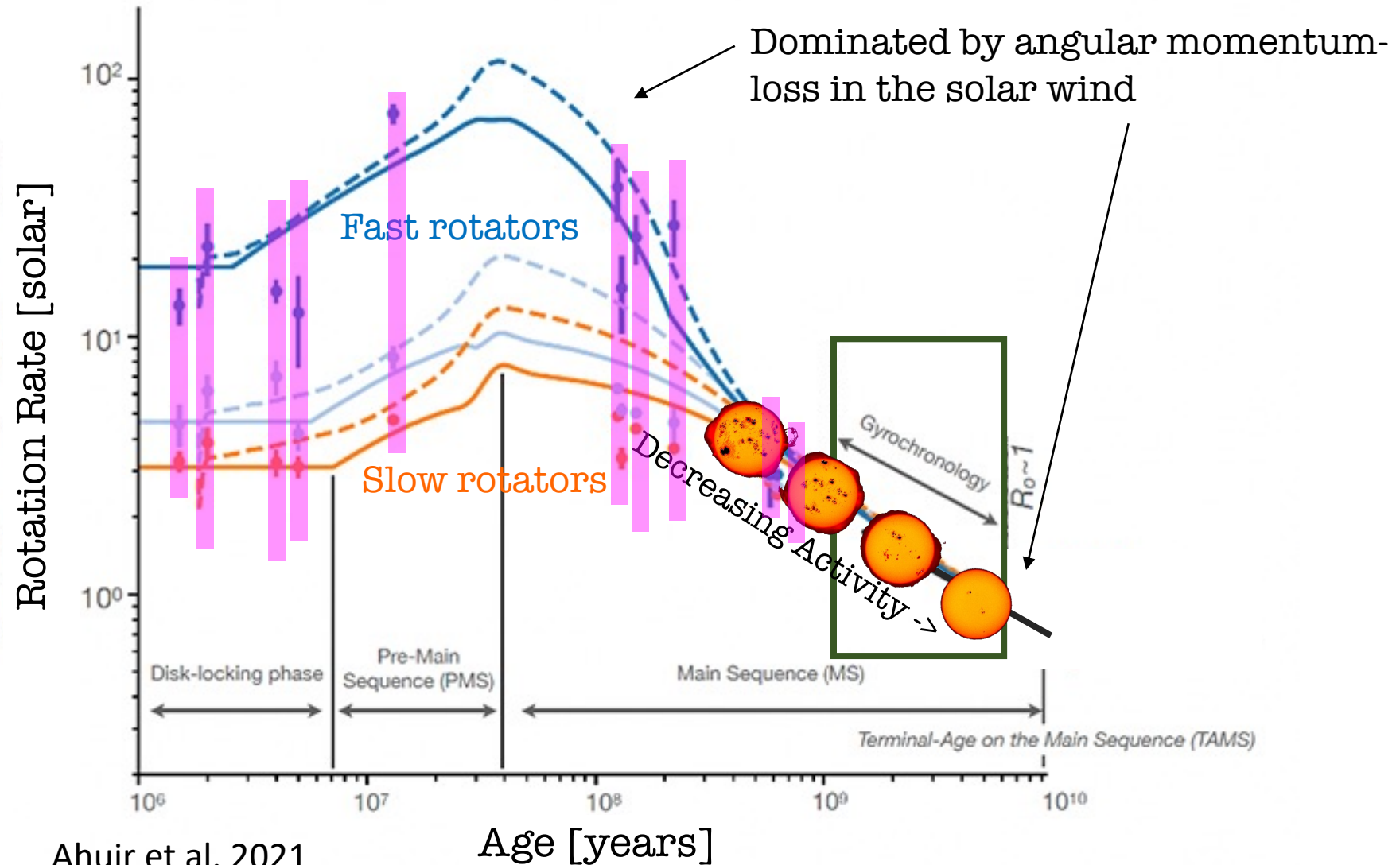


Slow rotators

Fast rotators

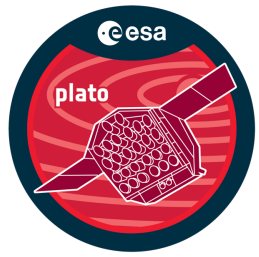
Mass-dependent
rotation-age sequence!
Matt et al. 2015

Stellar Spin-down (one solar mass)

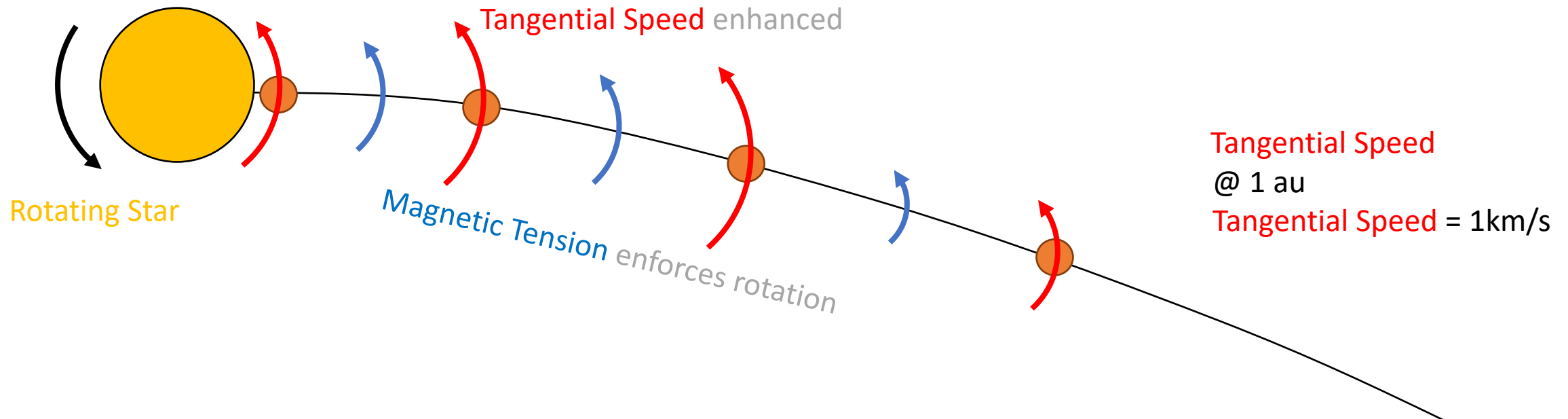


Ahvir et al. 2021

Stellar Wind Angular Momentum-loss

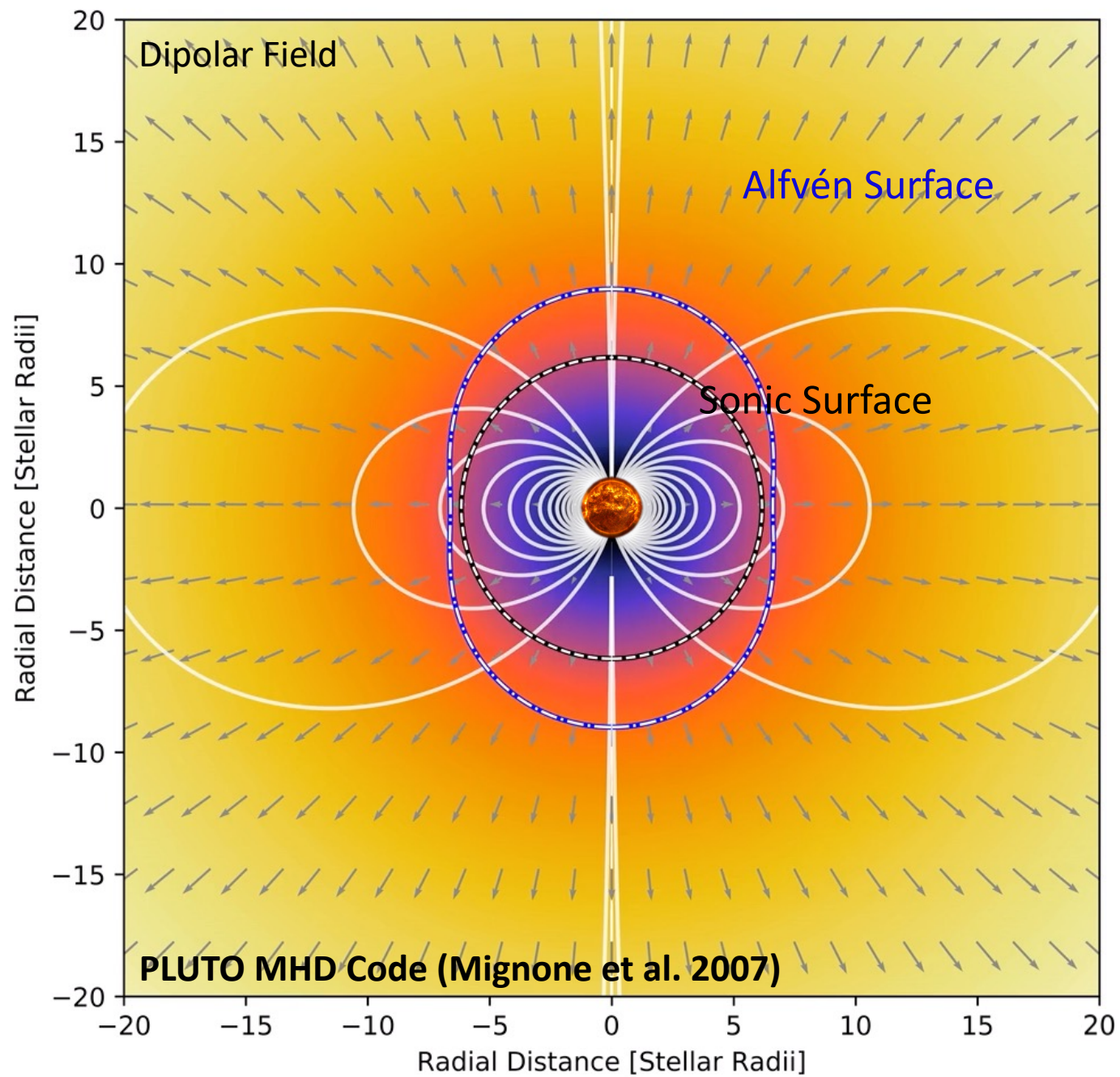


As viewed from above
in the rotating frame



Larger angular momentum-loss per unit mass!

- Plasma angular momentum
- Magnetic stresses



MHD Stellar Wind Simulations

Angular Momentum-loss Rate
(Torque):

$$\tau = \dot{M} \Omega_* R_*^2 \left(\frac{\langle R_A \rangle}{R_*} \right)^2$$

Mass-loss Rate Rotation Rate

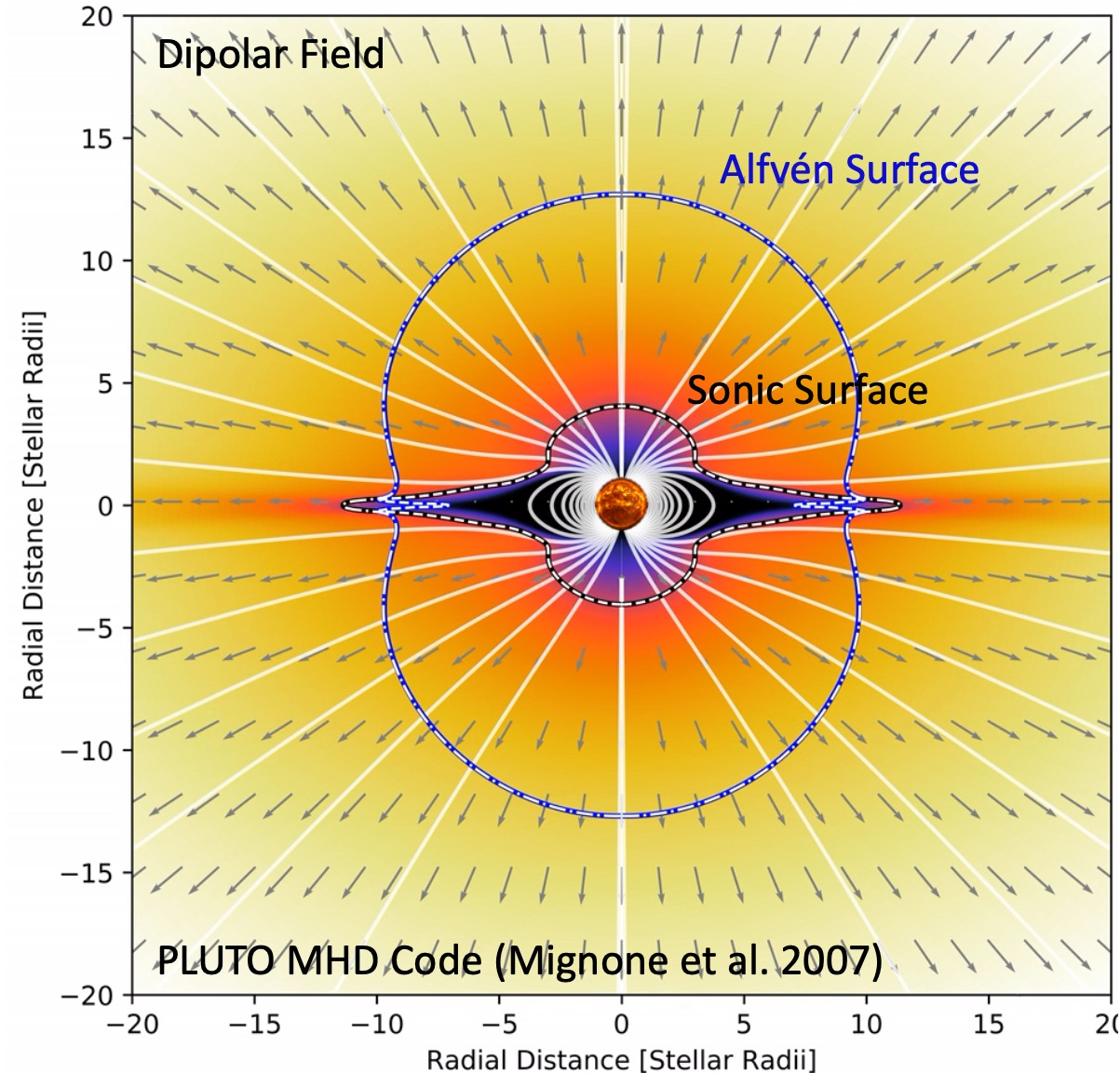
- Heating of the Corona
- Braiding, reconnection...
- Alfvén Wave Heating

-Small-scale magnetic fields

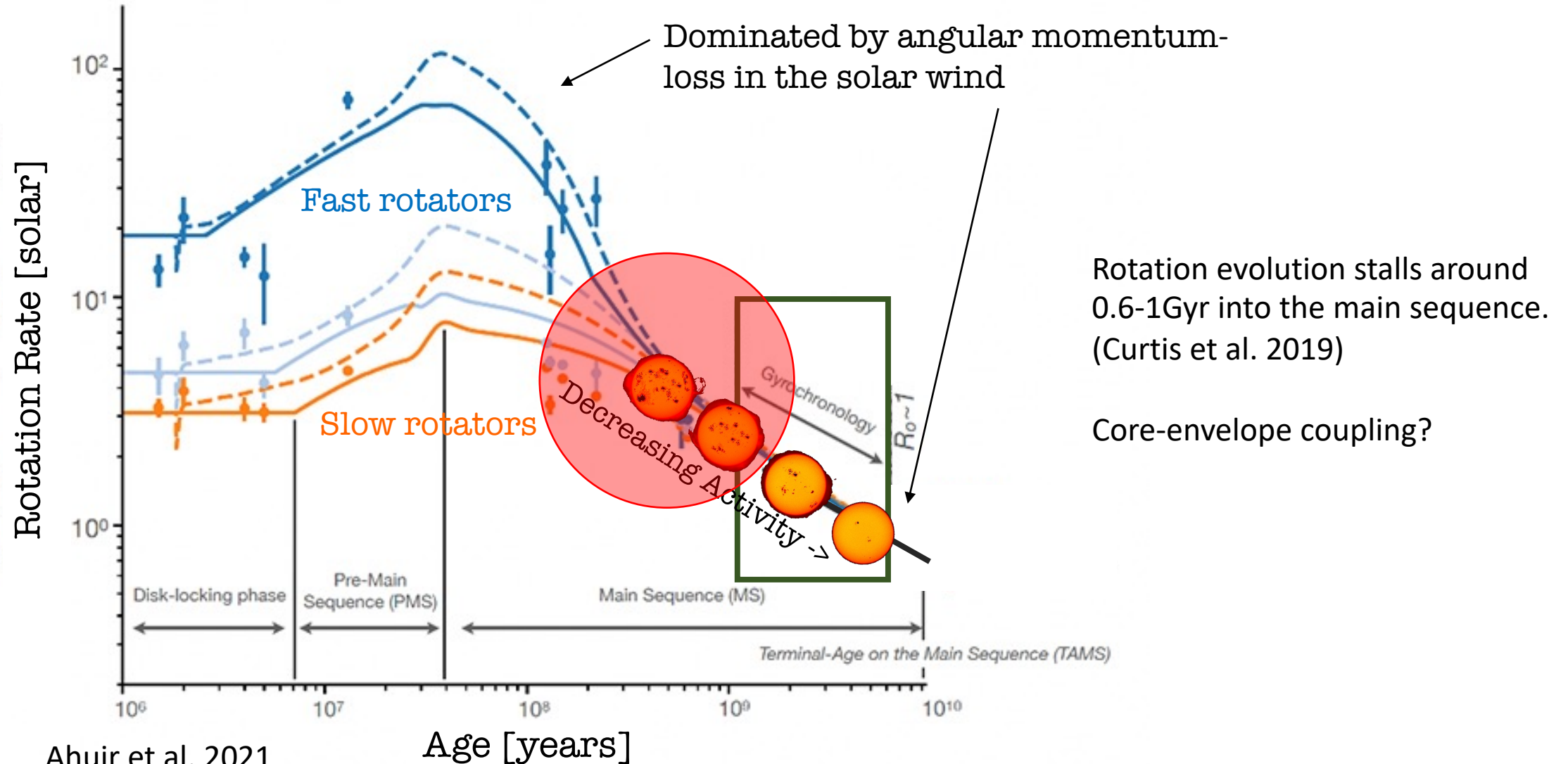
Alfvén Radius

- Heating of the Wind
- Alfvén Wave Acceleration
- Open flux, density, speed...

-Large-scale magnetic field

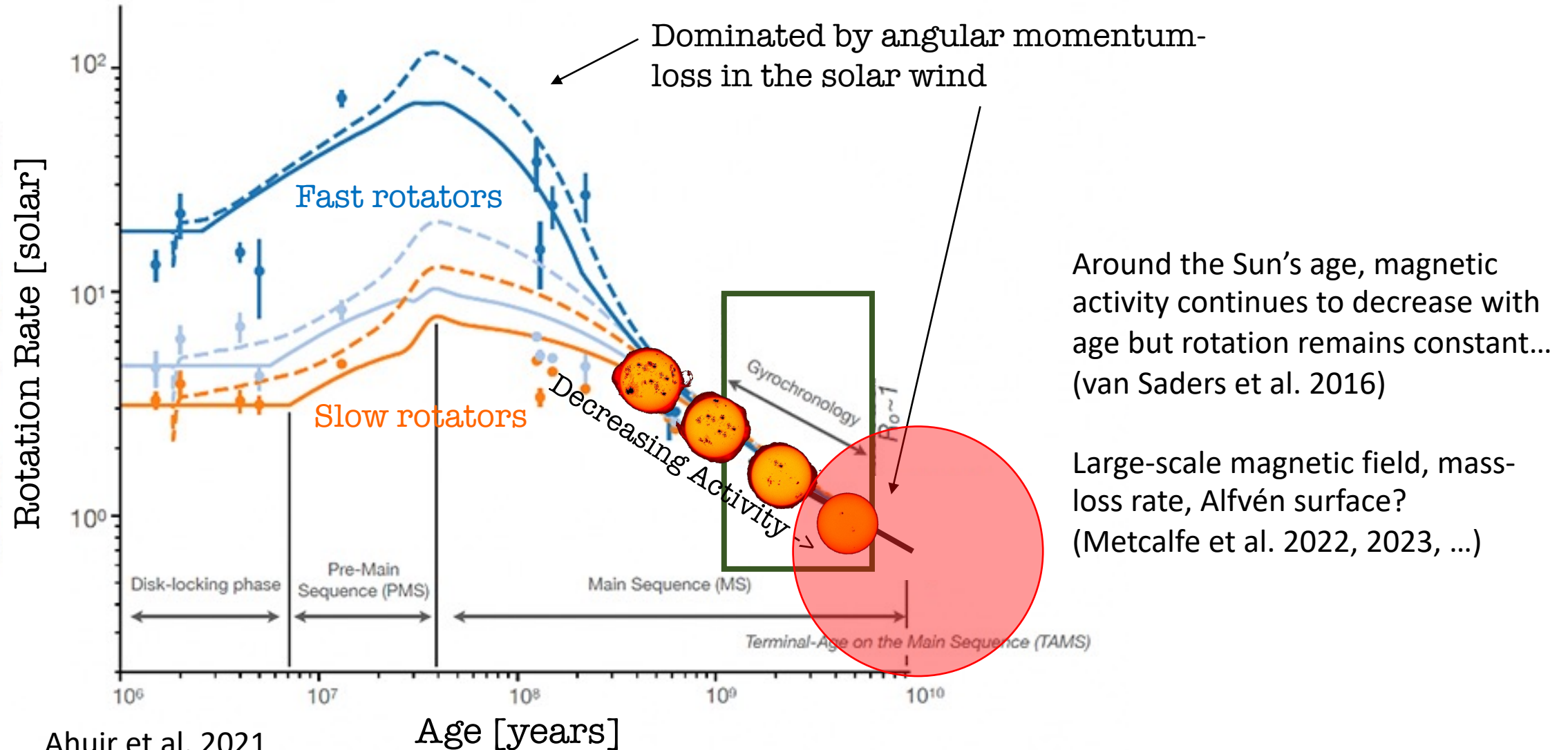


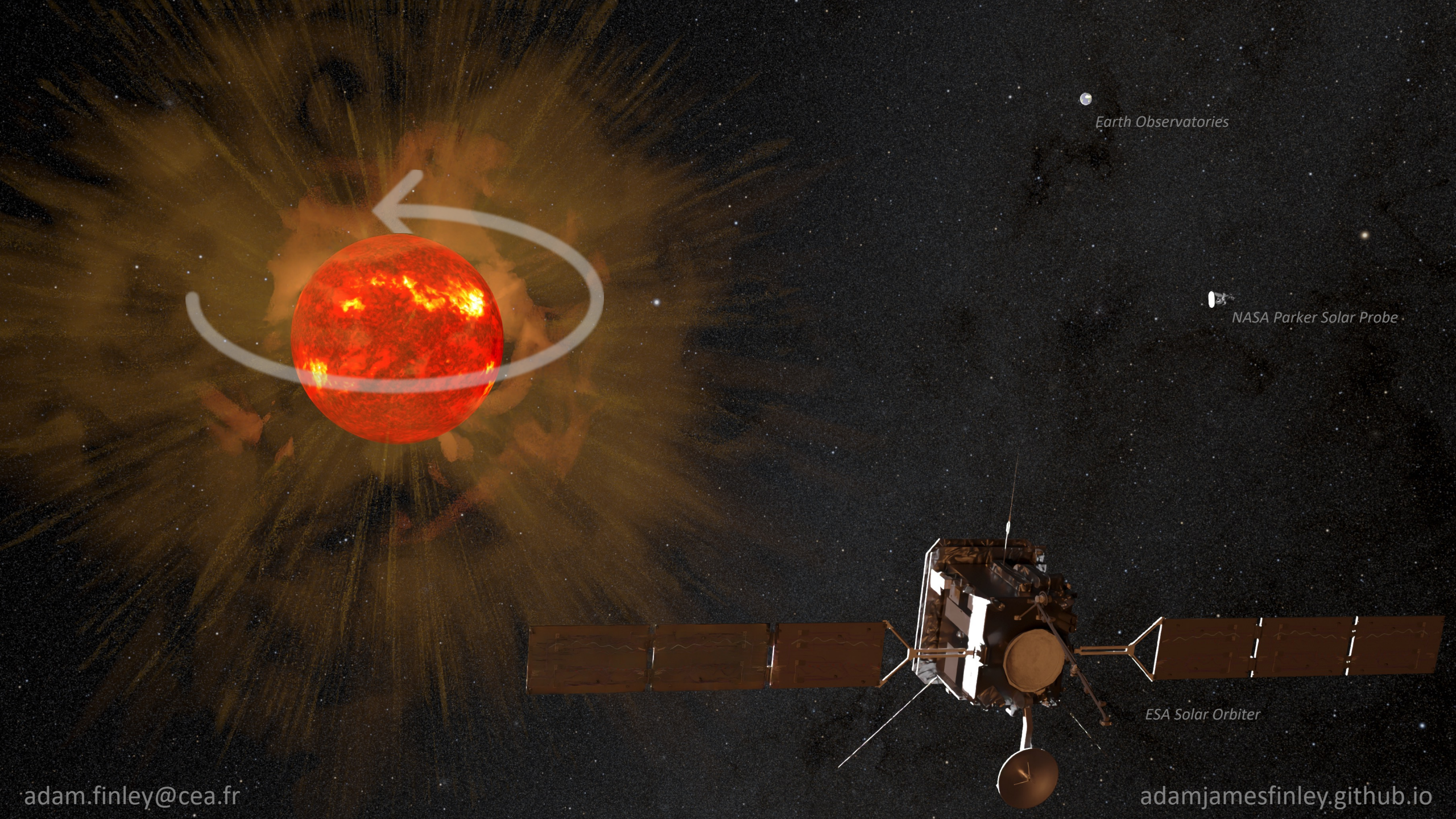
Puzzle 1: Stalling of Spin-down Around 1Gyr



Ahur et al. 2021

Puzzle 2: Weakened Spin-down at Late-ages

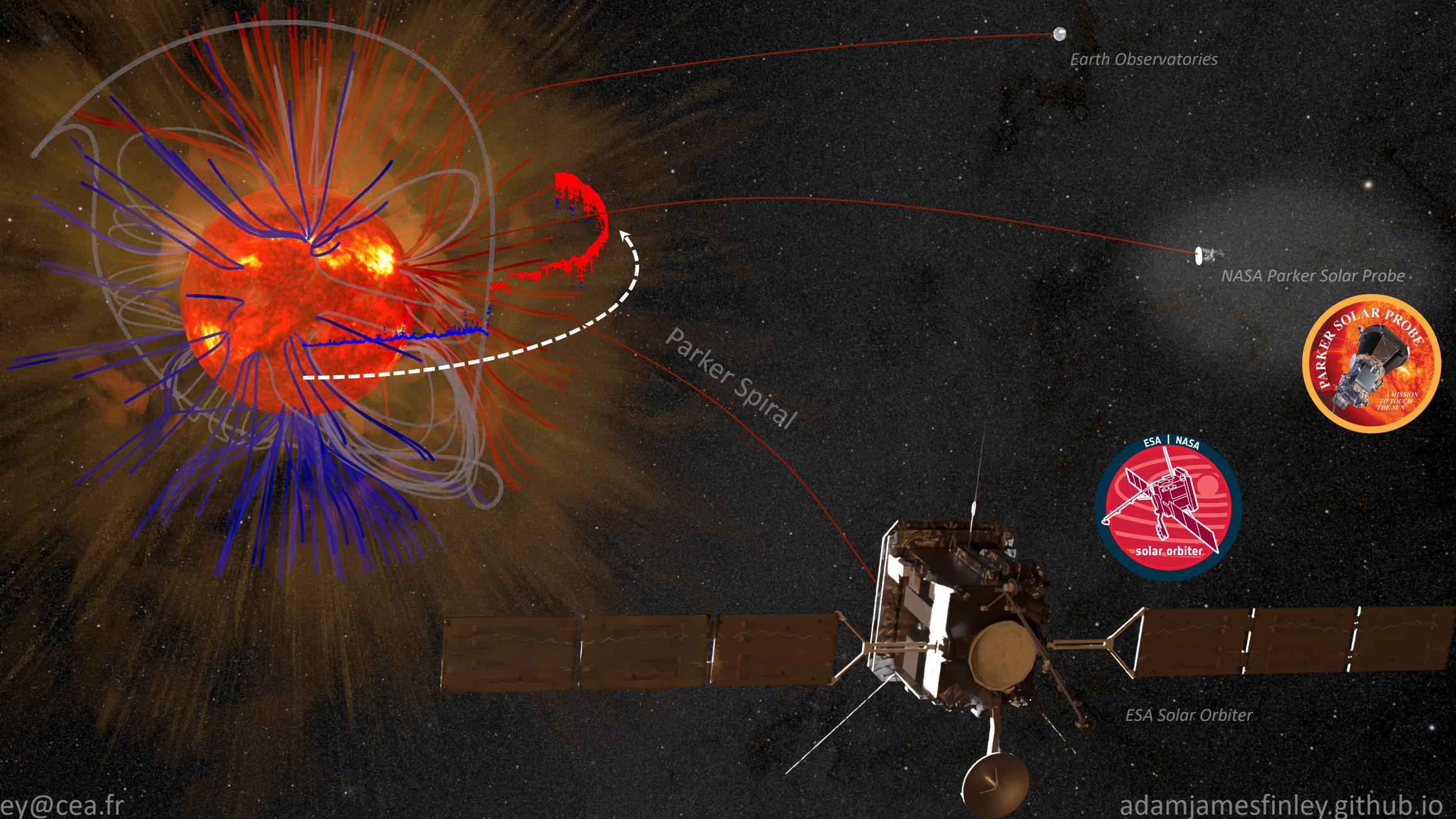


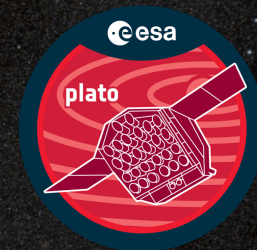


Earth Observatories

NASA Parker Solar Probe

ESA Solar Orbiter



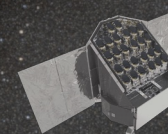


Earth Observatories

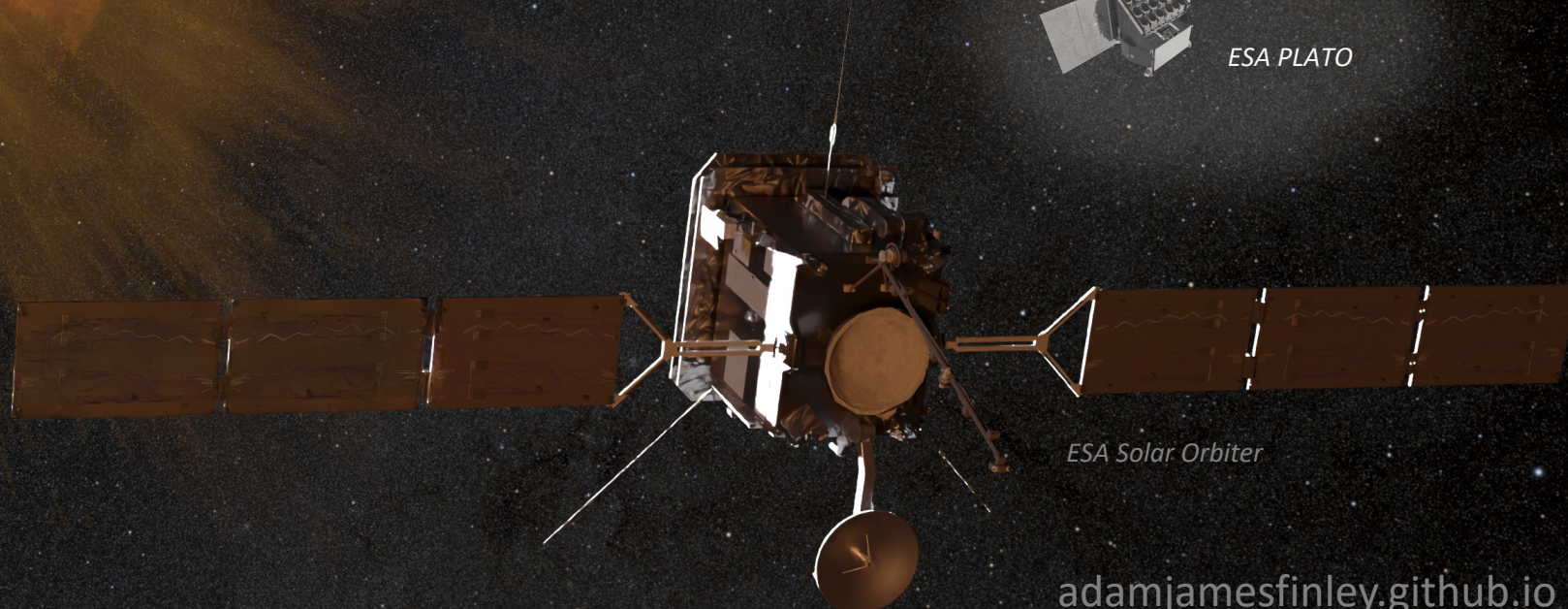


NASA Parker Solar Probe

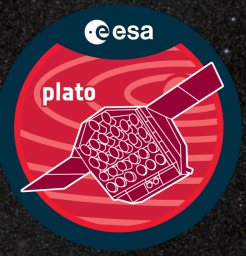
Rotation and Magnetic Activity of Exoplanet Host Stars



ESA PLATO



ESA Solar Orbiter



Earth Observatories

Differential Rotation

Ireland et al. (2022)

Finley & Brun (2023a, 2023b)



Angular Momentum Transport and Stellar Spin-down

Finley et al. (2017, 2018, 2019)

See et al. (2019, 2020)

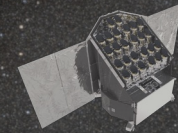
Metcalf et al. (2022, 2023a, 2023b, 2024)



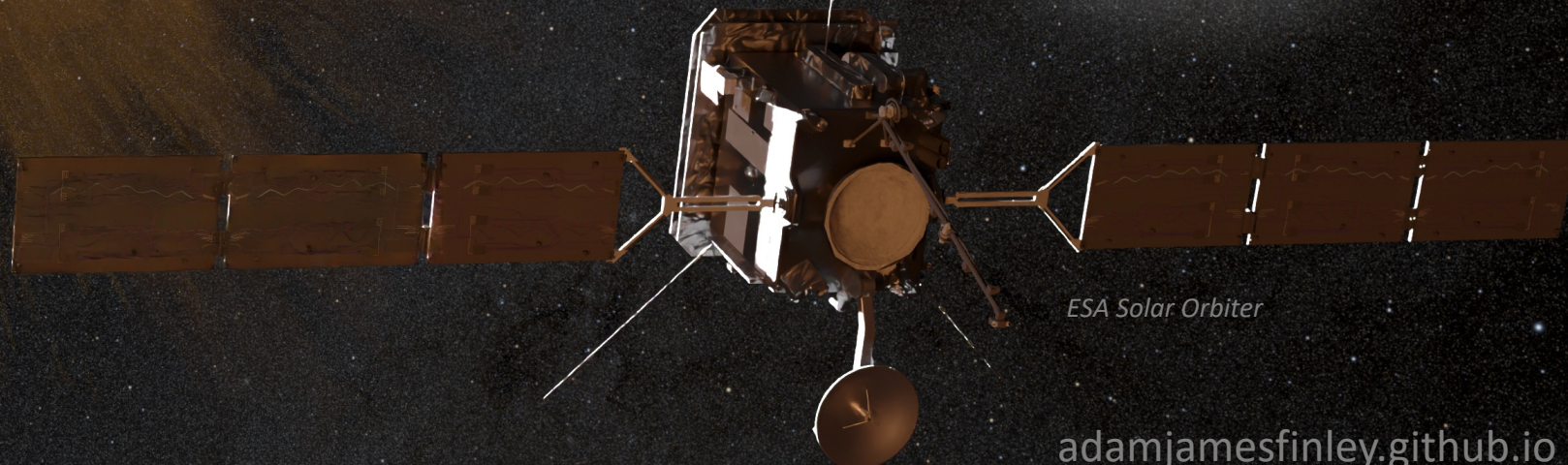
NASA Parker Solar Probe

Enforces Rotation into the Solar Corona and Wind

Finley et al. (2019, 2020)



ESA PLATO

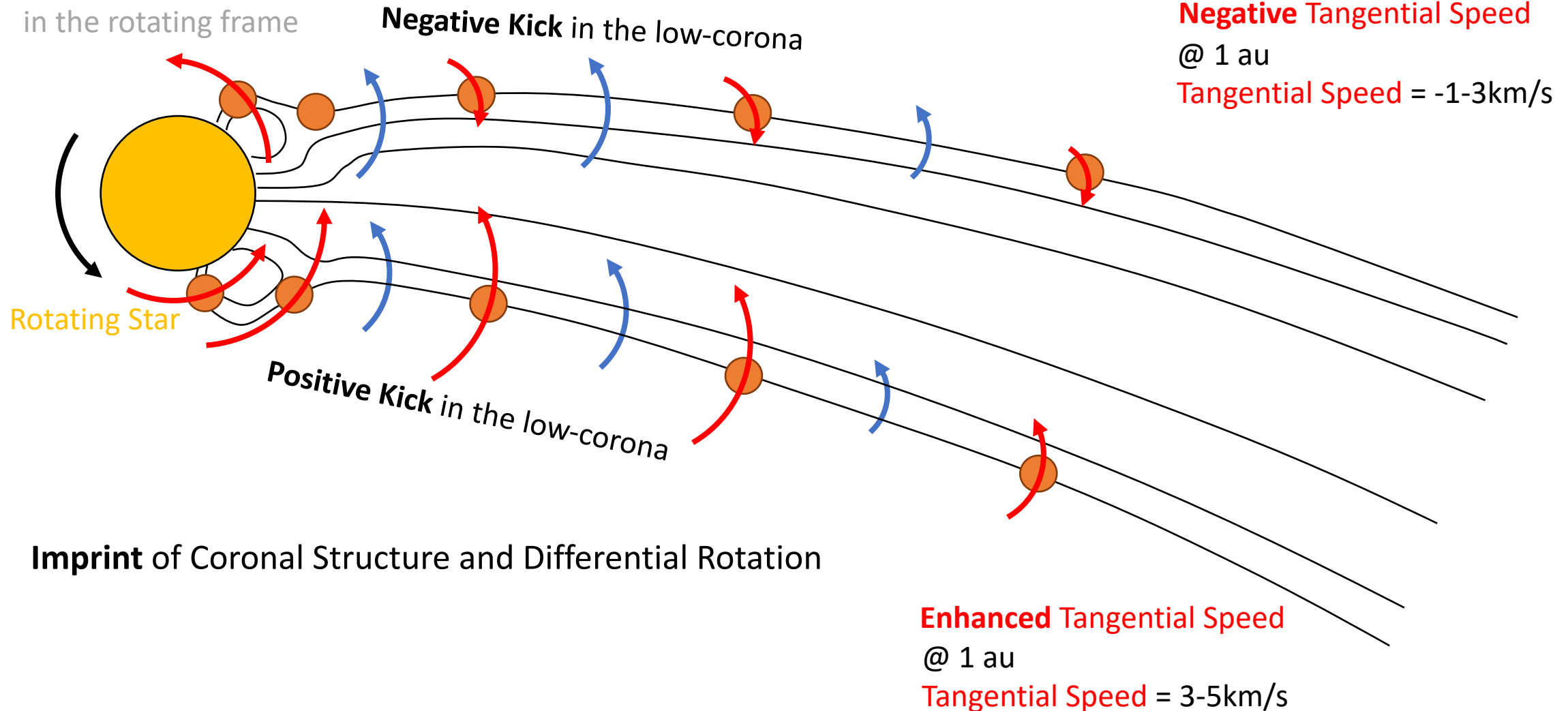


ESA Solar Orbiter

Complexity in the Solar Wind Observations



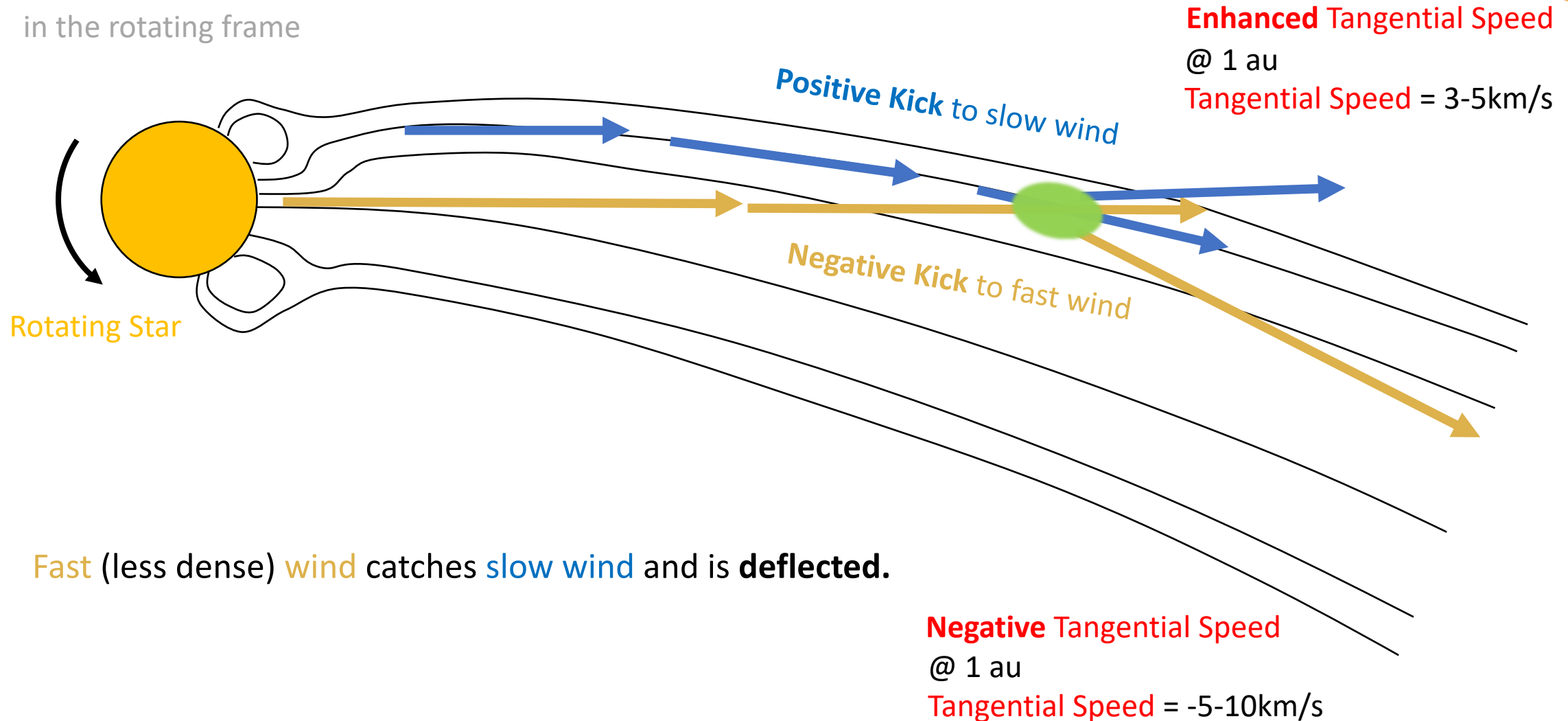
As viewed from above
in the rotating frame



Solar Angular Momentum Redistribution

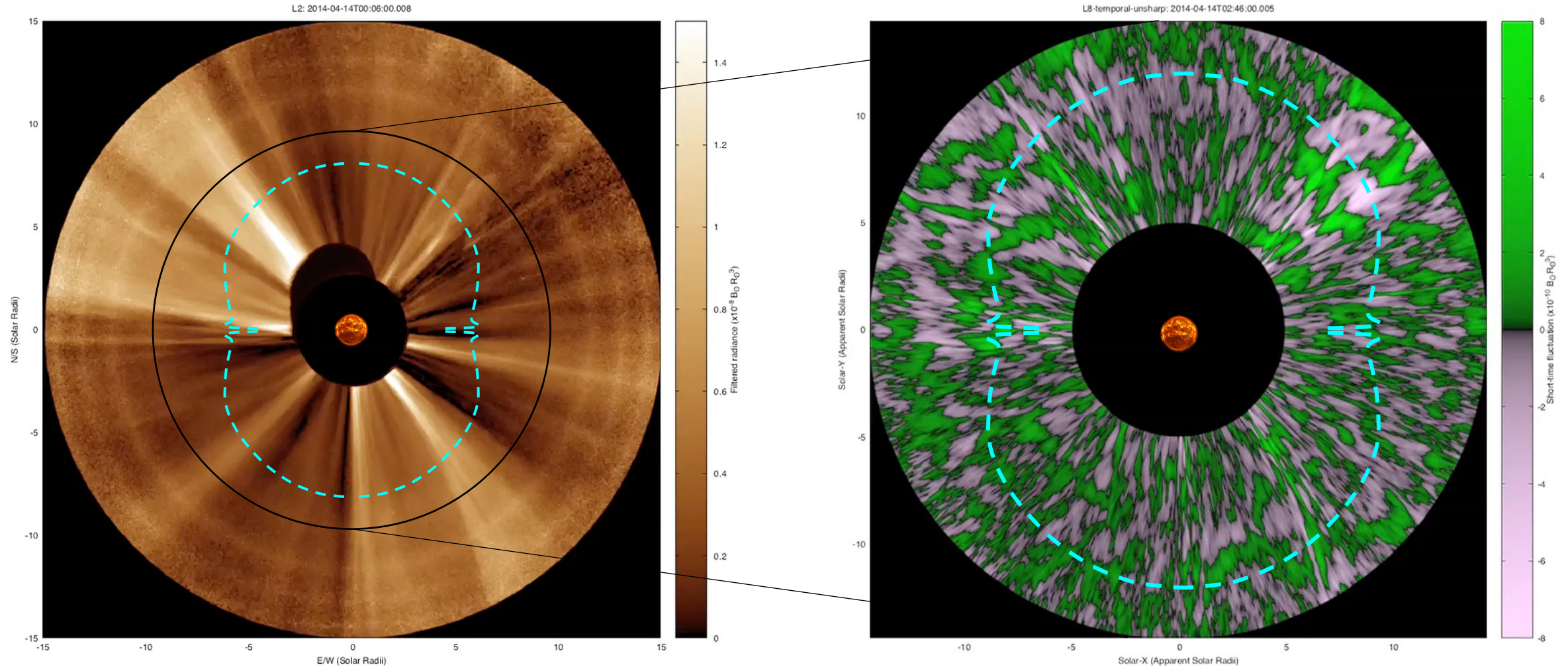


As viewed from above
in the rotating frame



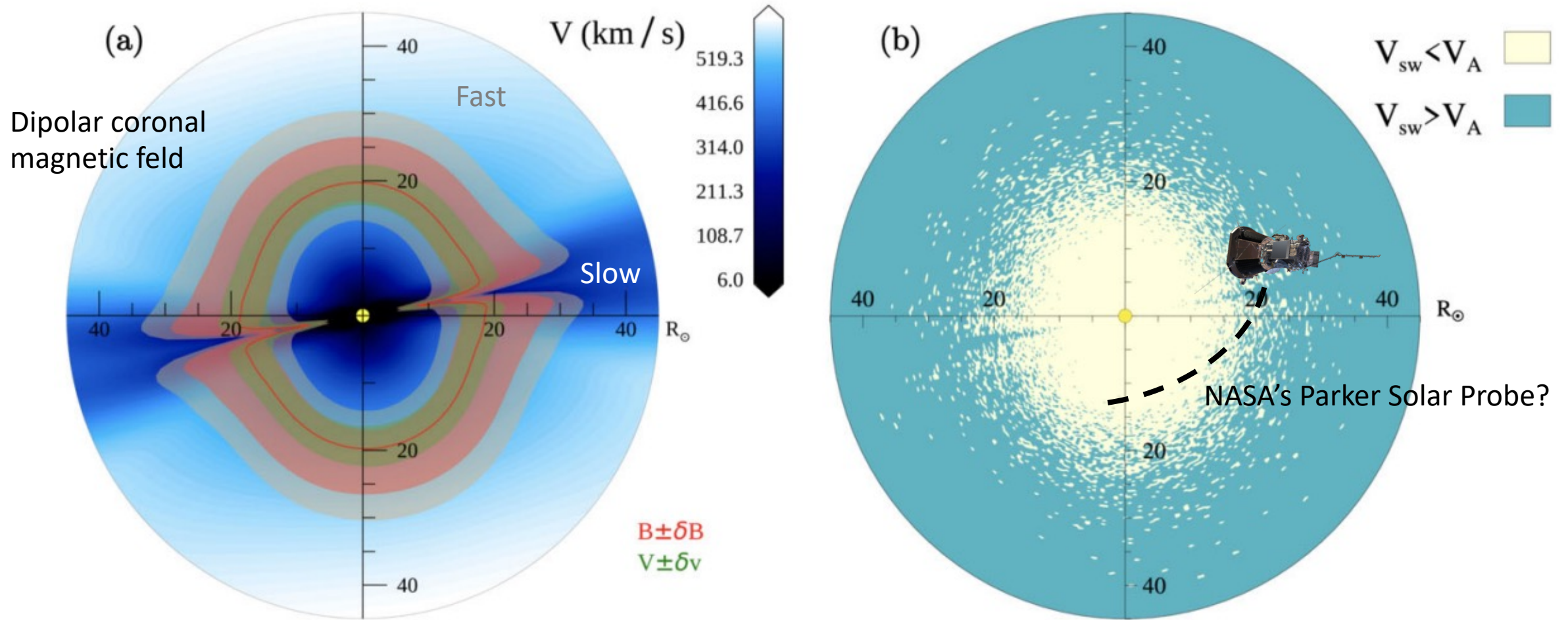
Fast (less dense) wind catches slow wind and is deflected.

Where is the Sun's Alfvén Surface?



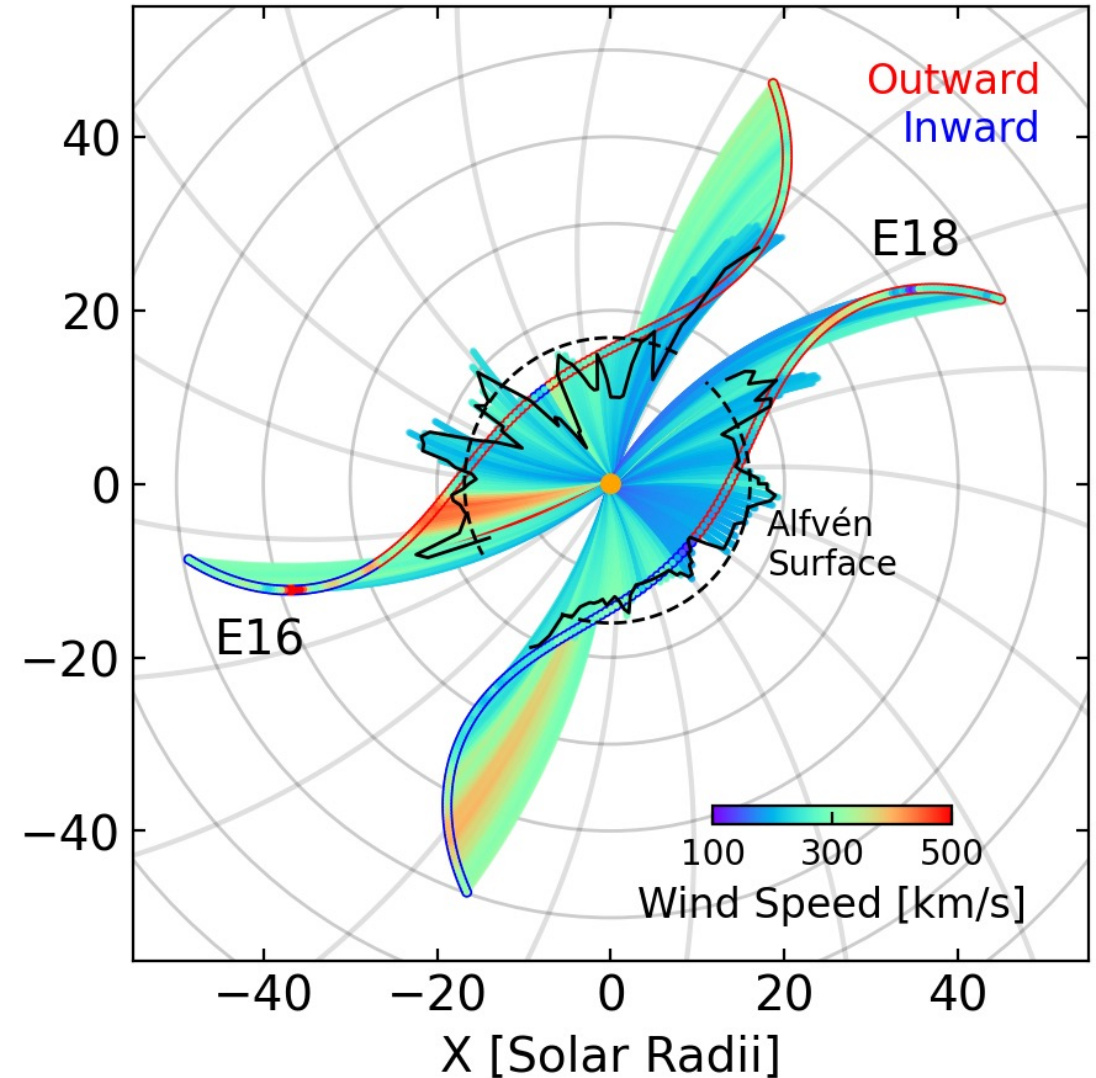
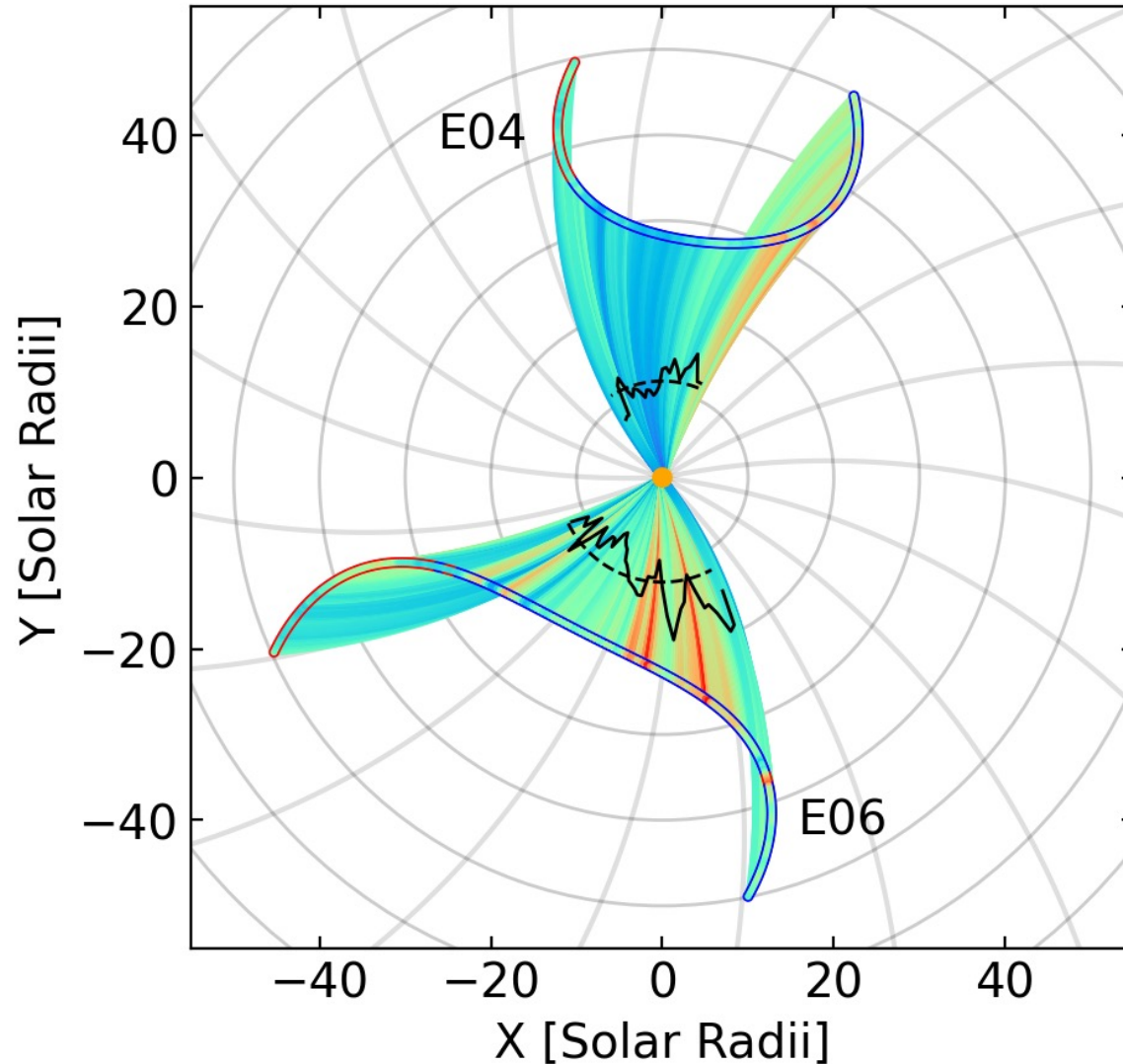
DeForest et al. 2014 (*plus the recently launched PUNCH mission*)

Where is the Sun's Alfvén Surface?

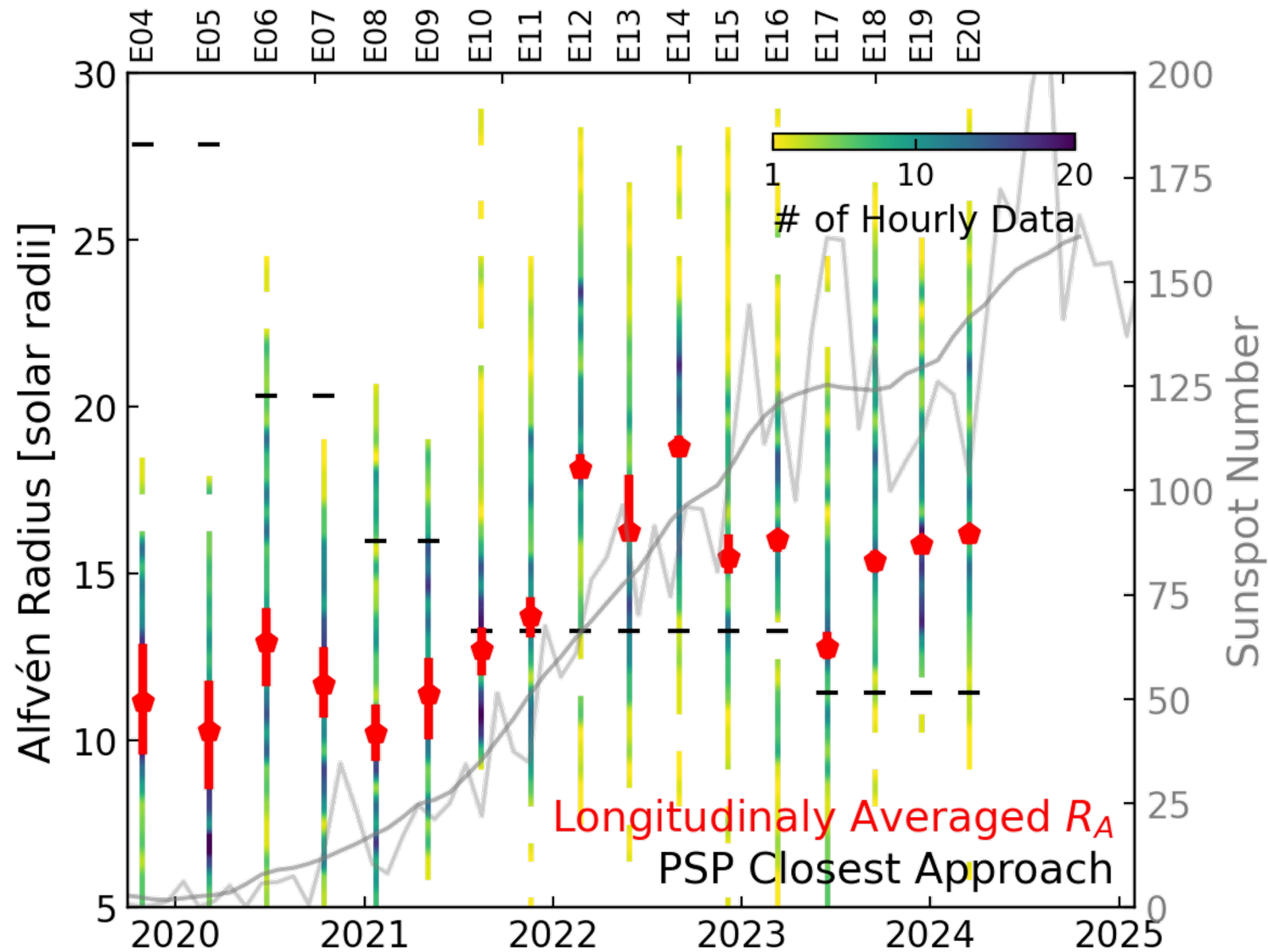


Chhiber et al. 2022

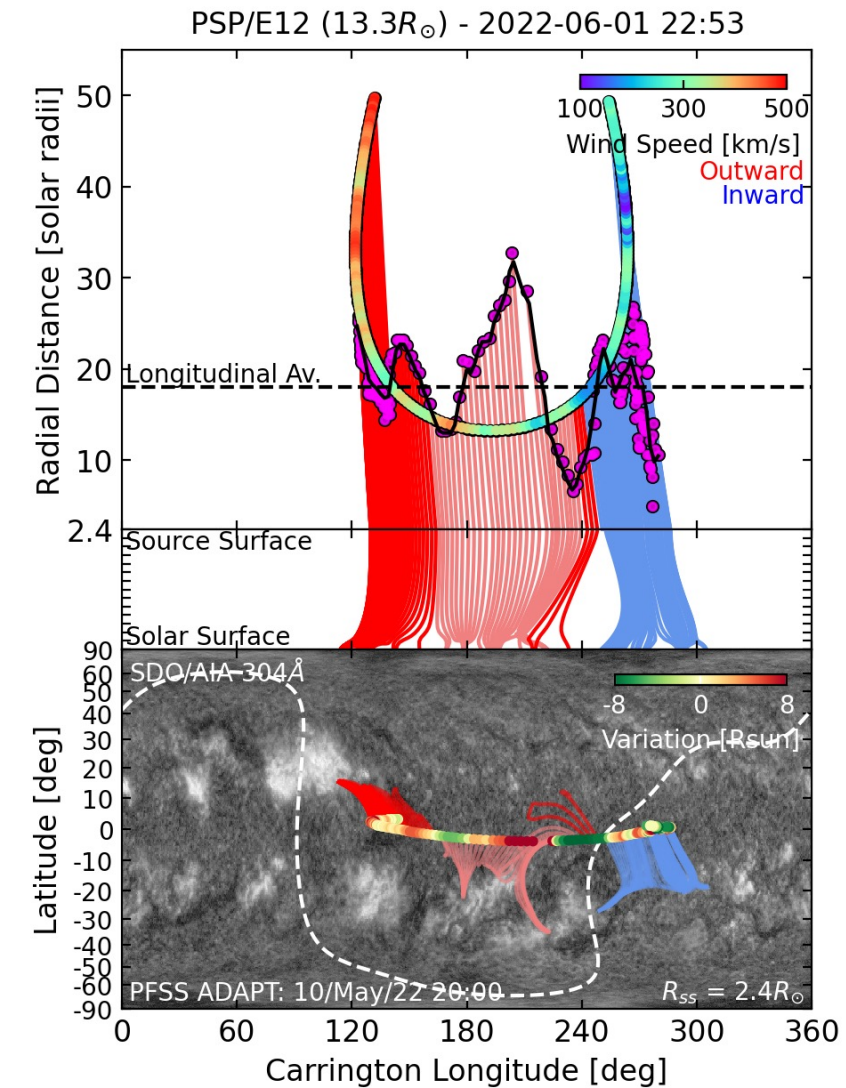
NASA's Parker Solar Probe



Solar Cycle Variation



Link to Corona:



Conclusions

Magnetic **activity**, **rotation** and stellar **age** are linked due to the loss of angular momentum in **stellar winds**.

This relationship shapes the **coronae** and astrospheres of stars, which directly impact the secular evolution of **exoplanetary atmospheres**.

Gyrochronology is useful for determining stellar ages, however its accuracy is **limited** by at least two physical phenomena:

1. The **stalling** of spin-down around **1 billion years**.
2. The **weakening** of spin-down around the **Sun's age**.

Take Home Message: Currently in a golden age of solar and heliospheric physics. Developing a **better physical understanding** of the solar corona and wind, including direct measurements of the **Alfvén surface** and angular momentum transport.

Application to other Sun-like stars with **the PLATO mission**.

